

Florida expected to launch ABLE program this year, girl born without hands wins handwriting competition, traveling as a youth with a disability, and more in this issue of Accessibility for All.

# Accessibility for All

## by the Disability and Health Program

### Recent News

#### Benefits of Sending Children to Overnight Camps

The FriendshipCircle.org details the benefits of sending children with special needs to overnight camp. Overnight camps not only create wonderful memories, it will also allow children to gain independence, increase their problem solving skills, and create lasting friendships! To learn more benefits of children attending overnight camp, [click here](#).

#### Florida Expected to Launch ABLE Programs This Year

The Achieving a Better Life Experience (ABLE) Act allows persons with disabilities to save up to \$100,000 in a special account without risking their government benefits. States must first pass their own legislation and establish regulations in order for individuals to open an ABLE account. Florida is expected to launch ABLE programs this year! To learn more, [click here](#).

#### Chef with Down Syndrome Opens Food Truck

While attending a vocational college in New Mexico for students with special needs, Austin Underwood, then

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### Upcoming Events

**Eagle Harbor Bingo Nite**  
**Tuesday, June 14, 2016**  
**6:00pm-9:00pm Eastern Time**

**Orange Park, FL**  
 Challenge Enterprises will host their monthly Bingo Nite's at the newly-renovated clubhouse at Eagle Harbor Golf Club. Tickets are \$25 per individual, which includes a buffet dinner, ten games of bingo, and a chance to win prizes. Registration begins at 5:30pm. Dinner

21 years old, realized he wanted to work as a chef.

Now, at the age of 37, he opened his own rolling restaurant called "Austin's Underdogs." He prepared for this venture by attending the Vienna Beef's Hot Dog University in Chicago. He and his mom developed the menu with the help of family and friends, who served as taste testers! To learn more, [click here](#).

## **Girl Born Without Hands Wins National Handwriting Contest**

Anaya Ellick won the national Nicholas Maxim Special Award for Excellence in Manuscript Penmanship Award. This impressive 7-year-old was born with no hands, and she won the competition without the help of prosthetics! Anaya is an independent young girl that enjoys drawing and singing, and she hopes to try karate in the near future.

To learn more, [click here](#).

## **Elite Athletes with Disability and Impact of the ADA**

The Journal of Legal Aspects of Sport released a study that highlights the perceptions of elite athletes on how the ADA impacted their experiences as athletes and persons with disabilities. The study focuses on persons with disabilities who used wheelchairs in a sporting competition that competed before 1990 and continued competing after 1995. The general perception is that ADA has improved their lives through indirect and direct benefits. To learn more [click here](#).

## **Florida's Professional Sports Teams Support Athletes with Disabilities**

Special Olympics Florida offers year-round sports leadership, training, competition, and health programs to children and adults with intellectual disabilities free of charge. The Sports Advisory Council for Special

starts at 6:00pm. Bingo starts at 7:00pm. To learn more, [click here](#).

### **Family Care Council Area 1 Meeting**

**Thursday, June 16, 2016  
11:00am-12:30pm**

**Central Time  
Pensacola, FL**

By partnering with Agency for Persons with Disabilities (APD), Family Care Councils (FCCs) aims to educate, advocate, and empower persons with developmental disabilities and their families. FCCs are groups of volunteers who advocate for people with developmental disabilities and their families. To find which FCC serves your region, [click here](#). To learn more about FCC-1, [click here](#).



### **Webinars & Applications**

**Funding and Support for Competitive Integrated Employment  
Tuesday, June 14, 2016  
2:00pm-3:30pm Eastern Time**

This free webinar, hosted by the Association of University Centers on Disabilities, focuses on funding streams to support employment first

Olympics Florida provides guidance on increasing the role of sports in the lives of persons with intellectual disabilities in Florida. To learn more, [click here](#).

## **Business Mostly Employs Individuals with Autism**

Rising Tide Car Wash has been so successful in Parkland, FL that it will expand into a location in Margate, FL. At the Parkland location, 35 of the 40 employees have autism. And, it is expected that the Margate location 50 of the 60 employees will be individuals with autism. The owner, John D'Eri, contributes the success of the company to the excellent service the employees offer! To learn more, [click here](#).

## **Tips, Briefs, & Guides**

### **Announcement: Free Exercise Program!**

Do you live in Gainesville or Alachua County? Do you want to be a part of a fun, inclusive exercise program?

The Florida Developmental Disabilities Council and the Gainesville Health and Fitness are seeking participants for a FREE exercise program for adults with developmental disabilities. They are recruiting adults ages 22-59 on the DD HCBS Waiver waiting list. All program activities will be held at Gainesville Health and Fitness Center (Main Center). Free transportation to and from the center can be provided.

For more information contact Holly Hohmesiter at [Hollyh@fddc.org](mailto:Hollyh@fddc.org). Or, contact Noah Hastay at [fit.for.all2015@gmail.com](mailto:fit.for.all2015@gmail.com) or (352) 377 4955.

## **Traveling as a Youth with a**

efforts and creating an infrastructure to provide competitive integrated employment opportunities for persons with disabilities. The webinar will focus on how Medicaid funding, state developmental disability services, and charitable funding can create and sustain competitive integrated employment opportunities. To learn more, [click here](#).

### **Paralyzed Veterans of America**

**Deadline: June 17, 2016**

The Paralyzed Veterans' Educational Scholarship Program will provide a \$1,000 scholarship to each qualified individual, up to approximately \$10,000 in total scholarship funding. Eligible applicants must be either a Paralyzed Veterans' member, the spouse of a member, or an unmarried child under 24 years of age. Moreover, applicants must be a citizen of the United States and enrolled as a full-time student. To learn more, [click here](#).

## Disability

The National Center on Health, Physical Activity, and Disability (NCHPAD) posted Travel Tips for when guardians travel with a child with disabilities or for children venturing out with others. Tips include staying hydrated, ensuring their wheelchair is ready for travel, and teaching your child to be an advocate for themselves while traveling. To learn more, [click here.](#)

## Tips on Dealing with Learning Disabilities

A parent's job is not to cure children with learning disabilities, but to gear their child with the appropriate tools needed to confront challenges. Three high school seniors from the Bay District in Florida reveal the best ways they deal with learning disabilities. To learn more, [click here.](#)

## Information Brief: Community Conversations About Mental Health

The Substance Abuse and Mental Health Service Administration released an informational brief that focuses on mental health. Learn about various mental health conditions and treatments. It also covers the challenges of mental health, how to support young people dealing with mental conditions, and suggestions for community planning. To learn more, [click here.](#)

**Sincerely,**

**Florida Disability and Health Program**

Disclaimer: These links are provided for informational purposes, not to solicit donations to an organization nor



## **About the DHP**

The Disability and Health Program (DHP) is funded through a grant from the Centers for Disease Control (CDC). Formerly, the Florida Office on Disability and Health, the DHP is housed under the Florida Department of Health, Bureau of Chronic Disease Prevention in Tallahassee, FL with partnership from the University of Florida.

to promote one organization or resource over another.

<http://www.floridahealth.gov/programs-and-services/people-with-disabilities/disability-and-health-program/index.html>

<http://fodh.pphp.ufl.edu>

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